

# KILLAM PUBLIC SCHOOL

December 20, 2023

## KPS Activity Calendar

Click the red button to access google calendar! Take a look at our upcoming events!

### Principal's Message

As we approach the festive season, I am filled with gratitude for the wonderful KPS community we have. This year has been filled with growth, learning, and countless memorable moments.

Last night, we witnessed an amazing Christmas concert. Thanks to the efforts of Ms. Snethun, Mrs. Borgel, Ms. Armitage and Mrs. Child. It takes time, effort and passion to create such an entertaining performance. Obviously, the students play a large role as well and their performance was on point; great work everyone.

This year the Christmas break brings a lot of transition as we bid a fond farewell to Mrs. Wetthuhn and Ms. Snethun. Mrs. Wetthuhn has always been a friendly hello or warm smile as you enter the building. She keeps this school running smoothly on all fronts and is the #1 band-aid and icepack distributor. We are grateful for the energy she brings and she will be missed by all. In addition to her dedication to Christmas Concert, Mrs. Snethun inspires KPS Junior High students to read, write and create through Language Arts, Social Studies and her engaging options. She is an advocate for our students and always checks in to make sure everyone is doing ok. She leaves some big shoes to fill!

In the spirit of Christmas, let us embrace the values of kindness, compassion, and generosity. May this festive season bring joy to your homes and hearts, and may the New Year be filled with hope, success, and new opportunities. As we take a break from our daily routines to spend time with loved ones, let's cherish the bonds that make our KPS family so special. Whatever you are celebrating, may it be a time of joy, laughter, and shared moments that create lasting memories.

We recognize that KPS will not look the same when we return in January. We welcome Mrs. Brodie and Mr. Gratrix who bring with them new experiences and energy. Looking ahead, I am excited for

the possibilities that the coming year holds for our school. With your continued support, we will build upon the foundation of success and strive for excellence in all that we do.

On behalf of the entire KPS staff, I wish you and your loved ones a Merry Christmas and a Happy New Year. Thank you for being an integral part of our community.

## Kougar Athletics

### Basketball

Basketball will start up again after the break. Please remember to check your schedule for upcoming games and tournaments in January. If you have questions, please reach out to your child's coach.



## Reporting Absences

Please send all absences to [abrodie@brsd.ab.ca](mailto:abrodie@brsd.ab.ca) going forward.

## Christmas Sharing at KPS

KPS is happy to report the weight of donations to the Food Bank totaled 303.41 pounds. The money donated totaled \$86.



## Christmas Concert

What a great performance by our students. Thank You to everyone that devotes so much time to this great production.



## December Pawsitive Winners

Congratulations to our winners who all received a gift card to Guardian Drugs! Thanks for keeping it Pawsitive and setting a great example!



## Staff Celebration

Congratulations to Miss. K. Andersen (grade 5) and Mr. Z. Bailey (PE) who were inducted into the Alberta Teachers Association on December 14. We are proud to have them as valuable members of our staff!



## Free Swim

The Twice Nice has so graciously sponsored 2 free family/public swim dates from 2:00pm-4:00pm:

Sunday, December 31st

Wednesday, January 3rd



## Upcoming Library Activities over the Christmas Break



### Teddy Bear Sleep Over

Eventbrite - Killam Public Library presents Teddy Bear Sleep Over - Thursday, 28 December 2023 at Killam Public Library, Killam, AB. Find event and ticket information.

[eventbrite.ca](https://www.eventbrite.ca)



### Nerf Gun Battle

Eventbrite - Killam Public Library presents Nerf Gun Battle - Friday, 29 December 2023 at Killam Public Library, Killam, AB. Find event and ticket information.

[eventbrite.ca](https://www.eventbrite.ca)

## What has KPS been up to?

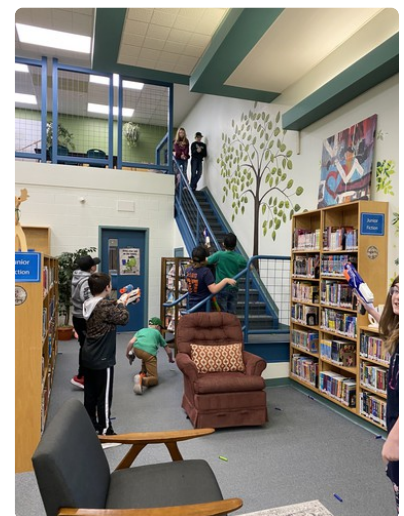
### Kindergarten Visits the Long Term Care Center

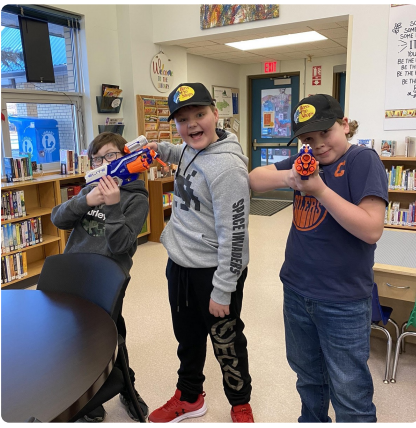
Thank you to the Long Term Care Center for inviting our kindergartners to see their Santa!



### Grade 5

In library, the grade 5 class participated in a nerf gun battle. So fun!





## Grade 5 Gift Exchange

The grade 5 class participated in a Secret Santa gift exchange!



## Cookie Decorating!

Kindergarten students and their grade 9 buddies had a lot of fun decorating Christmas Cookies.



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## School Emergency Program

DURING ANY EMERGENCY, OUR FIRST PRIORITY is the safety of our students and staff. In order to provide an effective response to any school crisis, the Division has developed an Emergency Response Plan. The Plan works in conjunction with other local emergency plans, since a school emergency could require the involvement of numerous agencies. The plans created for individual schools, along with the Division Plan, are reviewed annually and after an emergency occurs. Scan this code to read more about BRSD's School Emergency Program!



# Upcoming Events

- January 4-School Resumes
- January 11- Early Dismissal
- January 31-Semester Break (No School)
- February 8-Early Dismissal
- February 15/16-Teachers Convention (No School)

## Yearly School Calendars

School\_Calendar\_2023-2024\_(Colour).pdf

[Download](#)

526.5 KB

## Extras You May be Interested In

### SUPPORTING GRIEF DURING THE HOLIDAYS.



**Give children space to talk**-Kids will talk openly about people who've died if we create the space for them to do that. When we encourage kids to share their memories, it helps cement their connection to the person who's no longer here. Ask children how they would like to remember the person who has died and how they would like to honor them this holiday season.



**Turn an absence into a presence**-The sadness we may feel in the holiday season reminds us that we're longing for a connection. So, one way that families can process these feelings is to look for creative ways to stay connected to those we have lost. You can share holiday traditions, favorite foods and memories together.

**Children grieve differently than adults.** Supporting children involves two key actions. Firstly, they require the comforting presence of a caring adult. Secondly, they benefit from observing how to self-regulate, helping them recognize that intense emotions are normal and manageable.



**Gather your village to help**-Recognize that everyone may respond to grief in various ways. This is an opportune moment to seek assistance from friends, neighbors, or extended family. Children benefit from having at least one adult who grants them the permission and space to talk about their feelings.

# Starting A Social Media CONVERSATION

*The most dangerous part of social media for a kid is that they can't tell an adult when things go wrong because we respond by banning, and they don't want to lose all the good stuff. So they don't tell us.*



After listening to over 140K kids, there is one thing clear about the challenges they face when it comes to social media. They need to be able to talk about it. The good, the bad, the challenges and the opportunities.

**Jo Phillips**  
BA Psychology, Certified Youth Resilience Coach

**Starting a Social Media Conversation** is a program designed to stimulate a continuous, positive social media conversation between kids and the adults in their lives, led by the lived-experience of the kids.

**5 February 2024**  
**6:30 pm to 8:00 pm**  
**Killam School**



More Info  
[jooutloud.com](http://jooutloud.com)

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Contact Us  
**403.352.9941**



## Happy Holidays

As we approach the holiday season, the Mental Health Capacity Building Team want to take a moment to express our warmest wishes for joy and connection to all families.

We understand this time of year can bring a mix of emotions and challenges, and would like to highlight some resources available within our community for maintaining well-being during this season. Let's make this holiday season one of support, kindness, and understanding.

### Helplines

AHS Mental Health Helpline: 1-877-303-2642  
Domestic Violence Helpline: 310-1818  
Indigenous Hope for Wellness: 24/7 - 1-855-242-3310

### Resources

Flagstaff Food Bank: 780-385-0810  
Flagstaff Family and Community Support Services  
780-385-3976  
Emergency Financial Assistance: 1-877-644-9992



**9-8-8** Suicide Crisis Helpline

Whenever you need to talk, we're open.



Call 1-800-488-6868  
Chat at [kids-help-phones.ca](https://www.kids-help-phones.ca)  
Text 90486

Kids Help Phone



# FAMILY CONNECTION

# PLANNER

The holidays are a a great time to reconnect as a family. Small, but meaningful connections can help build resiliency in your child. Relationships are at the heart of development and are the building blocks youth need to grow up to be healthy, caring and responsible adults. Here are some ideas to help your family grow closer and maintain a positive atmosphere at home.

Have your child teach you something new.

Make holiday crafts together.

Talk about family traditions & explore those of others.

Have a screen-free day. Get active and find a toboggan hill!

Plan & cook/bake a holiday recipe together as a family.

Curl up as a family & watch a favourite holiday movie.

Walk around the neighbourhood to look at festive lights.

Read holiday or winter stories together as a family

Shovel your neighbours driveway together.

Get to Know your Kid's friends and invite them along to do a holiday activity.



a movement to b. you

## b. YOUTH CLASS

AGES: Grade 4-9

DATE: January 11 @ 12-1pm  
Early out day

### What is The b. class®?

It's empowering movement to music to encourage all kids to learn to move their unique bodies. It's helps to build confidence, self-connection and body awareness.

**COST: bring a pack of toliet paper for the Flagstaff Food Bank Toliet paper challenge**

### Tell us what you think

Please click the contact us link below to tell us what you think. Leave a comment, question or feedback. Your opinion helps!





## Killam Public School

Every Student, Every Day, A Success

Email: [killam-aa@brsd.ab.ca](mailto:killam-aa@brsd.ab.ca)

Website: <https://killam.brsd.ab.ca/>

Phone: [780-385-3690](tel:780-385-3690)



### Killam Public School

Killam is using Smore to create beautiful newsletters